

Help Prevent COVID-19 (Coronavirus)

As the global health community seeks to understand more about COVID-19, our top priority is the ongoing well-being and safety of our residents and team members. We know some of you may be concerned about the spread of COVID-19 and how it may impact New Perspective. Our strategy is based on an abundance of caution; we want to be proactive, yet reasonable about changes in day-to-day operations.

New Perspective is closely monitoring the Centers for Disease Control and Prevention (CDC) and local health departments websites on the evolving efforts to contain the spread of the COVID-19 and have implemented recommendations provided by the CDC to support these efforts. As COVID-19 is believed to spread person-to-person through droplets in the air and on surfaces, consistent with the CDC guidelines, New Perspective is advising team members, residents and visitors to:

- **Not visit our communities if you are sick** or experiencing symptoms of respiratory illness. Instead communicate via phone, email, Skype, Facetime or Facebook.
- **Wash your hands often with soap and water for at least 20 seconds**, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly soiled.
- **Cover your mouth and nose with your elbow or a clean tissue when coughing or sneezing and immediately dispose of the tissue** in a closed waste bin after use. Note that the CDC has advised that wearing a face mask is not recommended unless for use in cases of suspected and/or confirmed cases of COVID-19.
- **Limit visitation to essential visits. Essential visits include:**
 - Visitors needed to support resident health and service needs, such as healthcare providers, supplies delivery personnel, etc.
 - Instances such as end-of-life or when a visitor is essential for resident's emotional well-being.
- **Immediately notify the community's executive director and/or health and wellness director** upon learning of a person who has recently visited the community that has traveled through an area identified by the CDC as presenting a high risk of exposure to COVID-19, or has been in close proximity to one who has.

New Perspective